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[District Home Page](#)
[For Parents](#)
[For Students](#)
[For Staff](#)
[Schools](#)

[About Us](#)
[Contact Us](#)
[Depts.](#)
[Employment](#)
[Staff](#)
[Calendar](#)

Home > Staff > Barbara Micucci



- Counselor's Corner
- Introduction to Counseling and Guidance Services
- Counselor's Corner Newsletters
- Upcoming Events
- Mission and Beliefs
- How to contact the counselor
- Frequently Asked Questions
- Guide to Referral Services
- Caley Elementary School Counseling Brochure
- Caley Character Education Program
- Classroom Guidance Lessons
- Small Groups
- Caley Child Study Team
- Parent Workshops
- Watch D.O.G.S. Program
- Easing the Teasing book club blog
- Raising Cain blog
- Best Friends, Worse Enemies blog
- Parent Articles
- My Links
- ASCA workshop
- 2008 ASCA conference in Atlanta, Georgia blog
- School Counselor-Principal Partnership
- School Counselor-Principal Partnership Blog

Classroom guidance lessons will be conducted in all grades kindergarten through fourth throughout the year. The lessons will incorporate the American School Counselors' Association (ASCA) National Standards and will focus on the areas of personal/social, academic and careers. This year I will coming into the classrooms on a 4 week rotation cycle as a specialist.

Kindergarten lessons



In kindergarten your child will have a chance to meet many of my furry friends such as: DUSO the dolphin, Sophie the Sea otter, Impulsive Puppy and Slow down snail just to name a few. Some of the topics we will talk about include: importance of rules, respecting self and others, self awareness, identifying feelings, handling anger, the difference between tattling and ways to be a good friend.

In addition to the guidance lessons I will also be meeting with all of the kindergarten students in small kinder groups so I can get to know them better. The groups will rotate every 3 weeks so I can see all of the students.

First - Fourth Grade

Classroom Guidance Lessons: 2010-2011 School Year

Dates	Topic	1 st grade	2 nd grade	3 rd grade	4 th grade
September 29 - October 5	School Success	Listening/Following Directions	Student Skills/Responsibility	Responsibility/Organization	Learning Styles
October 27 - November 3	Making Good Choices	Red Ribbon Week - Peer Pressure	Red Ribbon Week - Peer Pressure	Red Ribbon Week - Peer Pressure	Red Ribbon Week - Peer Pressure
November 29 - December 3	Getting Along with Others	Tattling vs. Telling	Empathy	Resolving Conflict /Dealing with Teasing	Resolving Conflict
January 4 - 10	Acceptance of Others	Acceptance/Respect	Acceptance/Respect	Respect/No Teasing	Respect/Bullying
February 2 - 8	Friendship Skills	Friendship	Friendship/Cooperation	Friendship	Friendship/Anti-Bullying
March 4 - 10	Managing the Tough Stuff	Feelings/Anger	Feelings/Anger	Coping with Stress/ Test Taking	Stress/Test Taking
April 1 - 7	Bee the Best Me	Friendship/Sharing	Kindness	Friendship/Self Esteem	Middle School Preparation
May 6 - 12	Power of One	Teasing/Bullying	Friendship/Anti-bullying	Friendship	Middle School Preparation
June 6 - 10	Preparing for the Future	Career/Self Awareness	Career/Self Awareness	Career/Self Awareness	Career/Self Awareness